



# **ANNUAL REPORT**

# 2015-16

# **RANGERS \$ ROVERS**

# GOVERNMENT COLLEGE SEEMA [ROHRU] DISTRICT SHIMLA, HP

Website: www.gpgcseema.edu.in Email: gcseemahp@gmail.com

# **The Bharat Scouts and Guides**

## **National Headquarters**



Lakshmi Mazumdar Bhawan 16, Mahatma Gandhi Marg, Indraprastha Estate, New Delhi, India - 110002.

(Registered under Societies Registration Act XXI of 1860) No. S 462 of 1950 - 1951



## **Himachal Pradesh**

**Bharat Scouts and Guides,** having made proper application through its duly authorised representative for the organisation of a State Association for the spread and consolidation of the Bharat Scouts and Guides in the State of **Himachal Pradesh** is hereby granted this Charter of Affiliation this **Eight** day of **July 1953** subject to the provisions laid down in the Memorandum, Rules and Regulations and the Aims, Policy, Rules and Organisation of the Bharat Scouts and Guides.

Charter No : 14 Date of Issue : 29.08.2014

National Commissioner

Affiliated to World Organisation of Scout Movement & World Association of Girl Guides and Girl Scouts

# About Us

The Bharat Scouts & Guide is a Voluntary, non-political, educational Movement for young people, open to all without distinction of origin, race or creed, in accordance with the purpose, principles and method conceived by the founder Lord Baden Powell in 1907.

# **MISSION STATEMENT**

The mission of Scouting is to contribute to the education of young people, through a value based system based on the Scout Promise and Law to help build a better world where people are self-fulfilled as individuals and play a constructive role in society.

This is achieved by:

- involving them throughout their formative years in a non-formal educational process
- using a specific method that makes each individual the principal agent in his or her development as a self-reliant, supportive, responsible and committed person
- assisting them to establish a value system based upon spiritual, social and personal principles as expressed in the Promise and Law.

# VISION STATEMENT

BY 2024 THE BHARAT SCOUTS & GUIDES, THE LARGEST YOUTH MOVEMENT, WILL BE SELF RELIANT, VALUE BASED, QUALITY ORIENTED, WELL MANAGED AND OFFERING INNOVATIVE, CHALLENGING PROGRAM BASED ON THE NEEDS OF THE YOUNG PEOPLE THROUGH COMPETENT LEADERS, EFFECTIVE COMMUNICATION, OPTIMUM USE OF TECHNOLOGY AND EFFICIENT MANAGEMENT.

# STRATEGIC PRIORITIES

1. **YOUTH PROGRAMME** - To fulfil the needs and aspirations of young people by offering them attractive, innovative and challenging programme through their involvement in decision making so as to make them responsible adults/citizen

2. **GROWTH** - To increase overall membership by 10% annually with the aim of strengthening the weaker sections

3. **FINANCE** - To improve the Financial Status with optimum use of existing assets, exploring and developing new areas of finance generation

4. **ADULT RESOURCES** - To improve the competencies of adult leaders so that they can better serve the needs of the young people and the organization.

5. **MANAGEMENT** - To improve the overall organizational management of Bharat Scouts and Guides so as to be responsive to the changes in the environment.

6. **COMMUNICATION & PUBLIC RELATIONS** - To develop an effective and efficient communication System internally and externally at all levels and to enhance the image and visibility of Bharat Scouts and Guides.

# OUR FUNDAMENTALS

## PURPOSE

The purpose of the Movement is to contribute to the development of young people in achieving their full physical, intellectual, social and spiritual potentials as individuals, as responsible citizens and as members of the local, national and international communities.

## PRINCIPLES

The Rovers/Rangers Movement is based on the following principles:

- Duty to God
  - Adherence to spiritual principles, loyalty to the religion that expresses them and acceptance of the duties resulting there from.
- Duty to Others
  - Loyalty to one's country in harmony with the promotion of local, national and international peace, understanding, co-operation.
  - Participation in the development of society with recognition and respect for the dignity of one's fellow men and for the integrity of the natural world.
- Duty to Self
  - Responsibility for the development of oneself.

## THE PROMISE

### The Promise for the Rovers

" On my honour, I promise that I will do my best To do my duty to God and my country To help other people and To obey the Scout Law".

### The promise for the Rangers

"On my honour, I promise that I will do my best To do my duty to God and my country To help other people and To obey the Guide Law".

## THE EMBLEM:

The Emblem of the Bharat Scouts and Guides is the Fleur- de- lis superimposed by the Trefoil with Ashok Chakra in the Centre of the Trefoil. The ratio of the length and breadth of the Emblem shall be 3:2.

- Fleur- de- lis symbolises Scout Wing.
- Trefoil Symbolises Guide Wing.
- Ashok Chakra Symbolises India.
- Horizontal Band Symbolises World Brotherhood.

## **ACTIVITIES:**

- Training Camps/ Health Camps
- General cleaning of the College/University premises
- Celebration of Important days i.e. World Scouts day, Independence Day etc.
- Different competitions i.e. posters/collage/cartooning/painting/elocution/etc
- Literacy Drive
- Rally on AIDS day
- Rallies on social and environmental issues like leprosy, Human rights, women literacy, Polio, Water awareness etc. shall be organized from time to time.
- Community work/ Volunteering on the occasion of local celebrations, functions and exhibitions shall be done

## The Law for the Scout and the Rover is:

- A Scout is trustworthy.
- A Scout is loyal.
- A Scout is a friend to all and a brother to every other Scout.
- A Scout is courteous.
- A Scout is a friend to animals and loves nature.
- A Scout is disciplined and helps protect public property.
- A Scout is a courageous.
- A Scout is thrifty.
- A Scout is pure in thought, word and deed.

## The Law for the Guide and the Ranger is:

- A Guide is trustworthy.
- A Guide is loyal.

- A Guide a friend to all and a sister to every other Guide.
- A Guide is courteous.
- A Guide is friend to animals and loves nature.
- A Guide is disciplined and helps protect public property.
- A Guide is courageous.
- A Guide is thrifty.
- A Guide is pure in thought, word and deed.

# INCEPTION

The college functionalised one Unit of Rovers for boys and one Unit of Rangers for girls with strength of 24 students in each unit from the academic session 2011-12.

# HIGHLIGHTS

- 5 Rovers and 5 Rangers attended State Level Camp at Hamirpur w.e.f. 1-10-2011 to 5-10-2011.
- ▶ 4 Rovers participated in Basic Water Course at Pong Dam, Kangra in 2012.
- ▶ Blood Donation Camp was organised in the College on 17-10-2012.
- Campus Beautification Programme was organised on 19-10-2012.
- >  $15^{\text{th}}$  August 2013 was celebrated by hoisting the flag on Independence Day.
- > 3 Rovers participated in Training camp at Tara Devi, Shimla in 2013.
- Cleanliness Camp was organised on 11-09-2013.
- ▶ 8 Rovers and 9 Rangers donated blood in blood donation camp held on 19-11-2013.
- 3 Rovers participated in Basic Water Course at Pong Dam, Kangra w.e.f. 1-08-2014 to 14-08-2014.



**BLOOD DONATION CAMP** 

# ACADEMIC SESSION 2015-16

# **OFFICE BEARERS**

PATRON Dr. PARMOD CHAUHAN (PRINCIPAL)

RANGERS INCHARGE Asstt.Prof. Dr. Ravi Kiran Sharma

ROVERS INCHARGE Asstt. Prof. Ashwani Kumar Sharma

RANGERS/ROVERS (STUDENTS LEADERS)

- Miss Ritika (Bsc.6<sup>th</sup> semester)
- Miss Shivani ( BA 6<sup>th</sup> semester)
- Mr. Bobby (BA 4<sup>th</sup> semester)
- Mr. Punit (BA 4<sup>th</sup> semester)



**RANGERS & ROVERS** 

# ACHIEVERS

Sr. No.	Name of Students	Class	Roll No.	Position	
1	RITIKA	B.SC.VI	6601	Best Ranger	
2	BOBBY	B.A.IV	14142	Best Rover	
3	MANISHA	B.SC.VI	6612		
4	NISHA SHARMA	B.SC.IV	14629	BEST CAMPERS	
5	SUREKHA	B.SC IV	14661		
6	AKHIL	B.SC.VI	6623		
7	REENA	B.SC.VI	6631		
8	MADHU	B.A.IV	14017	BEST SOCIAL	
9	DEEPIKA	B.A.IV	14062	WORKERS	
10	BALWANT	B.SC.VI	6643		
11	RITIKA	B.SC.VI	6601	UNIT LEADERS	
12	SHIVANI	B.A. VI	5051	RANGERS	
13	BOBBY	B.A.IV	14142	UNIT LEADERS	
14	PUNIT	B.A.IV	14401	ROVERS	
	INTRA COLLEGE CO	LLAGE COMPI	ETITION (	26-08-2015)	
15	KRITI THAKUR	B.SC.IV	14651	1 <sup>st</sup>	
16	RITIKA	B.SC.VI	6601	2 <sup>nd</sup>	
17	MANISHA	B.SC.VI	6612	2 <sup>nd</sup>	
18	RIDHIMA	B.SC.VI	6628	3 <sup>rd</sup>	
STAT	E LEVEL ROVERS / RANGER		MP (21 <sup>st</sup> to	25 <sup>th</sup> July 2015, SHIMLA)	
Sr. No.	Name of Students	Class	Roll No.		
19	MADHUR	B.A.IV	14507	-	
20	NAVEEN RAJ	B.A.IV	14493	-	
21	RAJESH KUMAR	B.A.IV	14042	-	
STATE	LEVEL NIPUN TESTING CAN	MP ( 3 <sup>rd</sup> to 7 <sup>th</sup> Au	igust 2015,	- SHAHTALAI-BILASPUR	
22	JAGDEEP	B.A.II		15ECO010	
23	LALIT	B.A.II		15ECO007	
24	VAIBHAV	B.A.IV		14431	
25	SHUBHAM	B.A.II		15PHY033	
26	ASHWANI	B.A.IV		14292	
27	SAURAV	B.A.IV		14330	
28	RAJESH	B.A.IV		14811	
29	PUNIT	B.A.IV		14401	
30	BOBBY	B.A.IV		14142	
31	SIKENDER	B.A.IV		14402	
32	VIDYA SAIN	B.A.IV		14181	

## AWARDED PRIZES IN COLLEGE ANNUAL PRIZE DISTRIBUTION FUNCTION- 29-04-2016

	WORLD SCO	OUTS DAY (25 <sup>th</sup> Fe	ebruary 2016)		
33	BALWANT	B.SC.VI	6643	Quiz	
34	VINEET	B.SC.IV	14642	Master	
35	MITALI	B.SC.IV	14666	Theme	
36	NISHA	B.SC.IV	14629	Singers	
37	NITIKA	B.SC.IV		Domocra	
38	SANDHYA	B.SC.IV	14654	- Dancers	
	ADVENTURE CAMP	AT HATKOTI (1	0 <sup>th</sup> to 23 <sup>rd</sup> March	2016)	
39	BOBBY	B.A.IV	14142		
40	PUNIT	B.A.IV	14401	7	
41	VIKENDER	B.A.IV	14188	7	
42	VIDYA SAIN	B.A.IV	14181		
43	SAPNA	B.SC.IV	14853	7	
	HEALTH AWAI	RENESS CAMP (2	21 <sup>st</sup> March 2016)	·	
44	MANISHA	B.SC.VI	6612		
45	NISHA SHARMA	B.SC.IV	14629		
46	SUREKHA	B.SC IV	14661		
47	AKHIL	B.SC.VI	6623	7	
48	RITIKA	B.SC.VI	6601		
49	MITALI	B.SC.IV	14666	7	
50	BALWANT	B.SC.VI	6643	7	
51	SAKSHI	B.SC VI	6615	7	
52	REENA	B.SC.VI	6631	7	
53	RIDHIMA	B.SC.VI	6628	7	



**July** 2015

Name of the Event - State Level Rovers & Rangers Trekking Camp

Venue: Centre of Excellence, Govt. College Sanjauli, SHIMLA-6

Dated:  $21^{\text{st}}$  to  $25^{\text{th}}$  July 2015.

Three Rovers from the college participated in the State Level Rovers & Rangers Trekking Camp held at Govt. College Sanjauli from 21<sup>st</sup> to 25<sup>th</sup> July 2015.

Sr. No.	Name of Students	Class	Roll No.
1	MADHUR	B.A.IV	14507
2	NAVEEN RAJ	B.A.IV	14493
3	RAJESH KUMAR	B.A.IV	14042



**Rovers with Instructors** 

August 2015

Name of the Event- - State level Nipun Testing Camp for Rovers

Venue: Bhagat Tarsem Niwas, Shahtali Distt. Bilaspur (HP)

Dated: 03<sup>rd</sup> to 07<sup>th</sup> July 2015 August.

Eleven Rovers from the college participated in this event held at Shahtali, Distt. Bilaspur (HP).

STATE I	STATE LEVEL NIPUN TESTING CAMP (3 <sup>rd</sup> to 7 <sup>th</sup> August 2015, SHAHTALAI-BILASPUR)				
Sr.No.	Name	Class	Roll No.		
1	JAGDEEP	B.A.II	15ECO010		
2	LALIT	B.A.II	15ECO007		
3	VAIBHAV	B.A.IV	14431		
4	SHUBHAM	B.A.II	15PHY033		
5	ASHWANI	B.A.IV	14292		
6	SAURAV	B.A.IV	14330		
7	RAJESH	B.A.IV	14811		
8	PUNIT	B.A.IV	14401		
9	BOBBY	B.A.IV	14142		
10	SIKENDER	B.A.IV	14402		
11	VIDYASAIN	B.A.IV	14181		



Rovers at Shahtalai, Bilaspur

August 2015

## Name of the Event- VAN MAHOTSAV (AFFORESTRATION DRIVE)

## by H.P FOREST DEPARTMENT Rohru.

## Venue: Bartu in Rantari Panchayat.

## Dated: 08<sup>th</sup> August 2015

30 Rangers & 25 Rovers from the college participated in the Tree Plantation drive undertaken

by the HP Forest Department Rohru at catchment area Bartu in Rantari Panchayat.

## **Rangers Participants**

Sr.No.	Name	Class	Roll No.
1	Divya Thakur		6604
2	Ritika		6601
3	Rumilla	B.Sc 5 <sup>th</sup> sem	6636
4	Manisha		6612
5	Geetanjali		6637
6	Nidhi Hansretta	B.Sc 1st sem	15633
7	Mahima		15675
8	Mamta	B.Sc 3 <sup>rd</sup> sem	14677
9	Basanti		14077
10	Kiran Bala	]	14086
11	Kiran Kultwan	B.A 3 <sup>rd</sup> sem	14312
12	Pratibha		14031
13	Reena Thakur	B.Sc 5 <sup>th</sup> sem	6631
14	Kiran		6606
15	Baby	B.A 3 <sup>rd</sup> sem	14100
16	Shivani	B.A 5 <sup>th</sup> sem	5051
17	Akshita		5043
18	Ruchita	B.A 3 <sup>rd</sup> sem	14094
19	Deeshika		15668
20	ASHITA	B.Sc 1 <sup>st</sup> sem	15563
21	DEEPALI		15638
22	POOJA	B.A 3 <sup>rd</sup> sem	14089
23	PRITIKA	B.Sc.5 <sup>th</sup> sem	6609
24	NEHA RAI	B.A 3 <sup>rd</sup> sem	14256
25	DIKSHA NEGI	B.Com.5 <sup>th</sup> sem	7079
26	DEEPIKA		14062
27	MADHU	]	14017
28	KARISHMA	B.A 3 <sup>rd</sup> sem	14087
29	NISHA	]	14472
30	KALPNA		14045

# Rovers Participants

Sr.No.	Name	Class	Roll No.
1	PANKAJ		14812
2	VIKENDER		14188
3	NITTU		14543
4	TRILOK		14019
5	VIDYASAIN		14181
6	SIKANDER	rd	14402
7	BOBBY	B.A 3 <sup>rd</sup> sem	14142
8	PUNIT		14401
9	RALESH		14811
10	SAURAV	]	14430
11	ASHWANI		14292
12	VAIBHAV		14431
13	VINEET	B.Sc.3 <sup>rd</sup> sem	14642
14	VINESH		7032
15	NUTAN NEGI	B.Com.5 <sup>th</sup> sem	7046
16	PAWAN		7086
17	RITESH	B.A.5 <sup>th</sup> sem	5115
18	BALWANT	B.Sc.5 <sup>th</sup> sem	6643
19	NITESH		15 GEO 009
20	AKHIL		15 ECO 006
21	LALIT	B.A.1 <sup>st</sup> sem	15 ECO 007
22	JAGDEEP	]	15 ECO 010
23	SHUBHAM		15 PHYED 033
24	ANUJ	B.Sc.3 <sup>rd</sup> sem	14612
25	NAVEEN RAJ	B.A 3 <sup>rd</sup> sem	14493



VanMahotsav at Bartu. Rantari Panchayat



# Tree Plantation Drive in collaboration with HP Forest Deptt. Rohru



August 2015

#### Name of the Event- COLLAGE COMPETITION

## Venue: ZOOLOGY LAB & SCIENCE HALL-5

## Dated: 26<sup>th</sup> August 2015

## THEME

#### WOMEN EMPOWERMENT, YOUTH FESTIVAL, NATURAL CALAMITY, CORRUPTION

### JURY- Dr. RAVI KIRAN SHARMA, Asstt. Prof. DEEPIKA THALIYARI

More than 30 students of the various classes of Arts, Science and Commerce streams actively participated with enthusiasm in this activity. The following students were declared as winners of this activity.

INTRA COLLEGE COLLAGE COMPETITION (26-08-2015)				
1	KRITI THAKUR	B.SC.IV	14651	$1^{st}$
2	RITIKA	B.SC.VI	6601	$2^{nd}$
3	MANISHA	B.SC.VI	6612	$2^{nd}$
4	RIDHIMA	B.SC.VI	6628	$3^{\rm rd}$



## **Collage Competition**



1<sup>st</sup> KRITI THAKUR

(RESULTS)



2<sup>nd</sup> MANISHA

# 3<sup>rd</sup> RIDHIMA



(RESULTS)



#### SEPTEMBER 2015

#### Name of the Event- TEACHERS DAY CELEBRATION

## Venue: COLLEGE AUDITORIUM

## Dated: 4<sup>th</sup> September 2015

Teachers day was organised in the college auditorium on 4<sup>th</sup> September 2015 in which Miss Ritika – Rangers Leader delivered a speech on Teachers day while a group of 12 Rangers performed in Group Song titled-"Teri hai zameen.....". The following rangers participated in this activity.

#### **Rangers Participants**

Sr.No.	Name	Class	Roll No.
1	Ritika	B.Sc 5 <sup>th</sup> sem	6601
2	Mahima	B.Sc 1 <sup>st</sup> sem	15675
3	Mamta	B.Sc 3 <sup>rd</sup> sem	14677
4	Basanti	B.A 3 <sup>rd</sup> sem	14077
5	Pratibha		14031
6	Reena Thakur	B.Sc 5 <sup>th</sup> sem	6631
7	Kiran		6606
8	Shivani	B.A 5 <sup>th</sup> sem	5051
9	Akshita		5043
10	Deepika	B.A 3 <sup>rd</sup> sem	14062
11	Madhu		14017
12	Nisha		14472



## **GROUP SONG**

## FEBRUARY 2016

#### Name of the Event- MARCHPAST (COLLEGE ANNUAL ATHLETIC MEET)

#### Venue: COLLEGE GROUND

# Dated: 18<sup>TH</sup> FEBRUARY 2016

A contingent of following 24 Rangers and Rovers participated in MarchPast during the COLLEGE ANNUAL ATHLETIC MEET on 18<sup>th</sup> February 2016. The Principal of the college Dr. Parmod Chauhan was the Chief Guest on the occasion.

## **Rangers Participants**

Sr.No.	Name	Class	Roll No.
1	Ritika	B.Sc 6 <sup>th</sup> sem	6601
2	Mahima	B.Sc 2 <sup>nd</sup> sem	15675
3	Mamta	B.Sc 4 <sup>th</sup> sem	14677
4	Basanti	B.A 4 <sup>th</sup> sem	14077
5	Pratibha		14031
6	Reena Thakur	B.Sc 6 <sup>th</sup> sem	6631
7	Kiran		6606
8	Shivani	B.A 6 <sup>th</sup> sem	5051
9	Akshita		5043
10	DEEPIKA	B.A 6 <sup>th</sup> sem	14062
11	MADHU	B.A 4 <sup>th</sup> sem	14017
12	NISHA		14472

#### **Rovers Participants**

S.No.	Name	Class	Roll No.
1	VIKENDER	B.A.4 <sup>th</sup> sem	14188
2	VIDYASAIN		14181
3	SIKANDER		14402
4	BOBBY		14142
5	PUNIT		14401
6	VAIBHAV		14431
7	VINESH	B.Com.6 <sup>th</sup> sem	7032
8	RITESH	B.A. 6 <sup>th</sup> sem	5115
9	BALWANT	B.Sc. 6 <sup>th</sup> sem	6643
10	LALIT		15 ECO 007
11	JAGDEEP		15 ECO 010
12	ANUJ	B.Sc.4 <sup>th</sup> sem	14612



MARCHPAST (COLLEGE ANNUAL ATHLETIC MEET)



FEBRUARY 2016

Name of the Event- WORLD SCOUTS DAY

Venue: COLLEGE CONFERENCE HALL

Dated: 25<sup>TH</sup> FEBRUARY 2016

**Chief Guest- Dr. Pramod Chauhan (Principal)** 

**Guest of Honour – Prof.B.S.Pirta, DSW & Dr.J.R Kashyap(D.S)** 

> Keynote Speakers- \* Prof. C.S Rangta, HOD Deptt. Of Economics

**Topic- Financial Literacy** 

\*Prof.B.S.Pirta, HOD Deptt. Of Commerce (DSW)

**Topic- Yoga and its Importance.** 

• Quiz Masters – Mr. Balwant (B.Sc.6<sup>th</sup> sem)

- Mr. Vineet (B.Sc.4<sup>th</sup> sem)

Theme Song on Women Empowerment

Presented by: Miss MITALI (B.SC.IV Sem)

: Miss NISHA (B.SC.IV Sem)

**Dance on Folk Theme** 

Presented by: Miss Sandhya (B.SC.IV Sem)

: Miss Nitika (B.SC.IV Sem)

Anchors: Miss Kritika (B.SC.IV Sem)

MissNidhi Hansretta (B.SC.IV Sem)

Experience Sharing: Mr. Bobby (B.A IV Sem)

Mr. Punit (B.A IV Sem)

Jokes by : Miss Manisha (B.SC.VI Sem)

World Scouts Day Speech Delivered by: Miss Ritika (B.SC.VI Sem)

World Scouts Day was celebrated as International Thinking Day on 25<sup>th</sup> FEBRUARY 2016 in which all Rangers and Rovers participated with great zeal and enthusiasm.Rangers and Rovers, dressed in Pahari Dress performed on various cultural activities.





# WORLD SCOUTS DAY (World thinking day) 2016

RANGERS & ROVERS UNITS GOVERNMENT POST GRADUATE COLLEGE SEEMA, ROHRU



**RECEPTION OF CHIEF GUEST** 





**ADDRESS BY CHIEF GUEST** 



Prof. C.S. Rangta deliberating on 'Financial Literacy'



Prof. B.S. Pirta deliberating on 'Yoga and its Importance'



**Practical Yoga Session** 



Theme Song on Women Empowerment



Performing on Pahari Folk Song

**March** 2016

Name of the Event- 14 DAYS Basic Trekking Guide Course

Organisers: Atal Bihari Vajpayee Institute of Mountaineering and

Allied Sports, Regional Centre, Hatkoti Distt.-Shimla.

Venue: Hatkoti

# Dated: 10<sup>th</sup> to 23<sup>rd</sup> March 2016

Four Rovers and one Ranger participated in State Level Mountaineering Course of 14 days at Hatkoti Distt.-Shimla.

ADV	ADVENTURE CAMP AT HATKOTI (10 <sup>th</sup> to 23 <sup>rd</sup> March 2016)			
1	BOBBY	B.A.IV	14142	
2	PUNIT	B.A.IV	14401	
3	VIKENDER	B.A.IV	14188	
4	VIDYA SAIN	B.A.IV	14181	
5	SAPNA	B.SC.IV	14853	



#### **DIFFERENT TYPES OF KNOTS**

**March** 2016

#### Name of the Event: HEALTH AWARENESS CAMP

Venue: Bell Area infront of staffroom GPGC Seema, Rohru.

Dated: 21<sup>st</sup> March 2016

#### **Chief Guest- Dr. Pramod Chauhan (Principal)**

#### Guest of Honour – Prof.B.S.Pirta, (DSW) & Dr.J.R Kashyap (D.S)

**Health Awareness Camp was organised on 21<sup>st</sup> March 2016** on the eve of International Water Day under the theme of "Know Your Fitness Level" for the college Fraternity i.e. Teachers, Non-Teaching staff and students. Health Parameters like Height, Weight, B.M.I(Body Mass Index),Blood Pressure, Pulse Rate were recorded for 200 students and teachers.

Keynote Address	Dr. Pramod Chauhan (Principal)
Mascot (Santa)	Miss Manisha
Parameters	Recorded by:
Registration	Miss Kritika & Miss Nisha
Height	Mr.Balwant & Miss Divya
Weight	Miss Paras& Miss Mamta
BMI	Miss Mitali & Miss Nitika
Blood Pressure	Mr.Akhil & Miss Surekha
Pulse Rate	Miss Sakhi
Counsellors	Miss Ridhima & Miss Nidhi

**The** data was duly collected for different health parameters and health cards thereof were given to all the individuals. The purpose of the camp was to spread awareness regarding the importance of water as the threat of water borne diseases like jaundice and hepatitis was at its threshold. The other motive was to save water on the occasion of Holi which was to be celebrated on  $24^{\text{th}}$  March 2016.



With Chief Guest & Guests of Honour



Water Awareness Chart



ADDRESS BY CHIEF GUEST (PATRON-RANGERS & ROVERS)

HEALTH AWAR Reeu Rhoel Bich 12000 Madhy B tasiehng Surti.

## SIGNATURE CHART FOR PLEDGE



**REGISTRATION FOR CAMP** 

# DIFFERENT HEALTH PARAMETERS RECORDED



**RECORDING OF HEIGHT** 



**RECORDING OF WEIGHT** 



**RECORDING OF BLOOD PRESSURE** 



**RECORDING OF PULSE** 



**COUNSELLORS WITH CHIEF GUEST** 



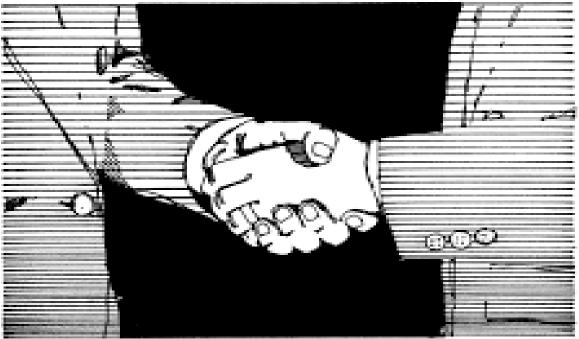
**MASCOT OF THE CAMP-SANTA** 



STUDENTS EAGERLY WAITING FOR THEIR TURN



# Left-Hand Shake



# Now I know you're cool.

